

The Three Bears

Easy Read Visual Story: The Three Bears

A Full House Theatre and Daryl & Co co-production in
association with The Culture Trust





What is it?

- The Three Bears is not the usual story of Goldilocks and the Three Bears.
- This show focuses on the three bear characters and what happens when they meet a very unusual 'Goldie'.
- The show is set in the home of The Three Bears.
- We see what happens when 'Goldie' arrives in their home and changes their daily lives.
- The Three Bears sometimes struggle to look after Goldie, and must decide if they want Goldie to live with them and if they want three to become four.



Who is it for?

- It is a show for family audiences.



Main Themes

- Fairytale
- Family
- Looking after children/Parenting
- Difference
- Physical Comedy



Feelings

- Joy
- Fear
- Regret
- Sorry
- Belonging
- Love



Length of Show

- The show is 50 minutes long
- There is no interval



Content and Trigger Warnings

- The bears sometimes get scared, sad or angry, but they are only acting.
- Goldie at one point breaks a chair, but this is meant to happen.



All performances are Relaxed Performances

- Talk or make noise when you need to.
- You can move, stretch, wiggle or leave the space.
- If you leave you can come back in at any time.
- The sound will not be too loud. You can wear ear defenders.
- The lights will change on stage in a gentle way.
- It will never be a complete black out.



Set

- The show is set inside the Three Bears home.
- There is a fireplace, a fridge and some chairs.
- There is a kitchen unit which can be moved and some household items and decorative objects.



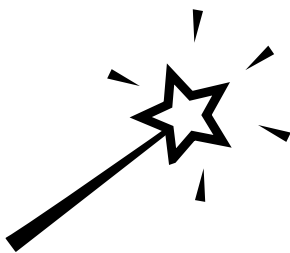
Music and sound

- There is prerecorded music playing before and during most of the show.
- There are pre-recorded noises which are the voice of Goldie.
- Sometimes the Bears hum tunes together.



Lighting

- At the start of the play the lights are dimmed.
- The play is set in a home, so generally the stage is brightly lit.
- In the bedtime scene the lights dim, but it never goes totally dark.



Effects

- Haze - a very light fog on the stage.
- Projection - A handheld projector projects images onto the walls of the Three Bears home.
- Moving objects - Objects will appear to move on their own.

The Cast



- My name is Ben
- I am one of the performers.
- I play Grizzly Bear.
- Costume: I wear denim dungarees, a checked shirt, and brown shoes, my cuffs and trouser hem are circled in brown fake fur. I wear a brown hard hat with brown bear ears and a headtorch.

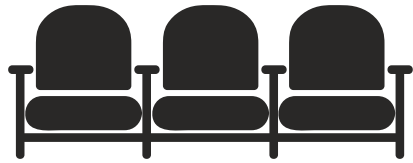


- My name is Daryl
- I am one of the performers.
- I play Polar Bear.
- I am using a wheelchair.
- Costume: I wear white boots and a sporty blue sleeveless jumpsuit with white fake fur on the shoulders. I wear a white woolly hat topped with white polar bear ears and orange ski goggles.



- My name is Leon
- I am one of the performers.
- I play Panda Bear.
- Costume: I wear black boots and trousers cut off at the knee and lined with black fake fur. A white t-shirt and sleeveless black denim jacket with black fake fur on the shoulders and a white hat with black panda ears

The Performance



Pre-show

- As you enter the theatre the stage will be empty.
- Just before the show starts there will be a short, recorded announcement.
- The lighting and music will change. The show will begin.



Nighttime

- Mystical music plays
- A projector light flickers.
- Objects appear to move with no one there.



Morning

- We meet each of the three bears as they wake up and leave their beds.
- We are introduced to their daily routines:
- Dusting – The bears work together to clean their home.
- Chairs – The bears try to find and sit in their own chairs.
- Scrub – The bears help to clean each other.
- The bears are hungry and decide to prepare some porridge.



Mystery Suitcase

- They see a small bowl on the kitchen side and know it doesn't belong in their house, and they hear an unusual noise.
- They go looking for the noise.
- The Bears discover a suitcase.
- They open it up and discover a large egg with a bit of yellow fur sticking out the top. This is Goldie!
- The bears are unsure of what it is.
- They put it back in the Suitcase and put it in the corner of the room.



Porridge

- They decide to go back to making their porridge.
- The bears pull out the kitchen unit and make porridge, they eat it.



What's wrong with Goldie?

- Goldie starts to make noises again and all the bears try different things to try and make Goldie quiet.
- They try feeding Goldie some porridge. It works!



Goldie needs a bath

- Goldie starts to emerge from the egg.
- The bears realise that something smells... and it's Goldie.
- They give Goldie a bath.
- The bears start enjoying having Goldie around.



Bedtime

- They find somewhere for Goldie to sleep. Goldie needs a bedtime story. The lights go down.
- The bears use objects from around the home to tell a story of three travellers who are lost and need help.
- The story includes the recorded voice of 'The Child' and projections of stars onto the walls.
- Goldie falls asleep and they all go to bed.



Morning

- Goldie has changed, they are bigger and cause trouble for the bears.
- Goldie knocks things over, messes up the home and breaks a chair.
- The bears are unhappy and put Goldie back in the suitcase.
- The three bears reject Goldie and don't want her in their home anymore.



Goldie is gone

- They fix the chair and tidy the house.
- The bears start to feel sad that Goldie is not there.
- They decide to go and get Goldie back.



Goldie returns

- The bears all take turns to say sorry. Goldie says sorry as well.
- They go through their routines, adding in Goldie, and everything is 'just right'. They all go to bed.
- The show has ended, and the performers take a bow, the audience might clap, you can join in.



Photos

- The bears use the projector to show some photos of The Three Bears with Goldie on holidays and trips.
- They take a final bow and leave the stage.



End of the show

- The main lights will come on, and the ushers will open the theatre doors.
- When you are ready you can leave the theatre.

Find out more



Full House Theatre:

info@fullhousetheatre.org.uk

Website: www.fullhouse.org.uk

Facebook & Instagram:
@fullhousetheatre

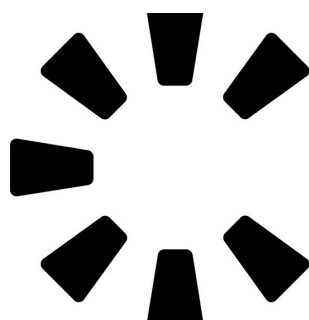


Daryl & Co:

hello@darylandco.com

Website: www.DarylAndCo.com

Facebook & Instagram:
@DarylAndCo



**THE
CULTURE
TRUST**
LUTON

The Culture Trust:

boxoffice@culturetrust.com

Website: www.culturetrust.com

Facebook & Instagram:
@culturetrustuk